

Upcoming Savvy Caregiver Trainings:

Savvy Caregiver Training is an education program for dementia caregivers. The goal is to lessen caregiver stress by providing easy-to-understand information about the diseases that cause dementia, medications and its progression. In addition, we help caregivers to learn behavior management skills to properly address negative dementia interactions. Choose the training that is nearest your location.

- **Lake City**, Florida at the Life Style Enrichment Center, Mondays from 1:00 – 3:00 pm, starting June 6, 2016. Six Week format. Led By Lauren Dean of the Savvy Team.
- **Gainesville**, Florida at Haven Hospice (The E.T. York Center). Thursdays from 1:00 – 3:00 pm starting June 23, 2016. Six Week format. Led by Ana Robles-Rhoads.
- **Ocala**, Florida at Marion County Senior Services; Tuesdays from 2:00 – 4:00 pm starting July 12, 2016.
- **The Villages**, Florida at Lexington Place ALF; Tuesdays 1:00 – 3:00 pm, Starting July 12, 2016. Seven Week format. Led by Tom Rinkoski.
- **Live Oak**, Florida at Suwanee River Regional Library. Wednesdays from 10:00 am – 12:00 Noon, starting July 27, 2016. Six week format. Led by Lauren Dean.
- **Chiefland**, Florida at Hospice of Citrus and The Nature Coast. Thursdays from 1:00 – 3:00 pm, starting August 18, 2016. Six week format. Led by Ana Robles-Rhoads.
- **Starke**, Florida at Bradford County Senior Center. Wednesdays from 1:00 – 3:00 pm, starting September 14, 2016. Six week format. Led by Lauren Dean

The most current and up-to-date calendar of Savvy Caregiver Trainings is available on-line at www.agingresources.org/savvy-caregiver-for-families. To register for any of these offerings, or to find out more information contact Tom Rinkoski at (352) 692.5226 or e-mail at rinkoskit@agingresources.org.